What is a typical corporate itinerary at Batian's Veiw?

ONE DAY PROGRAMME: Sample Itinerary

8:30 am: Arrival

Introductions and Course briefing

9:00 am: Icebreakers/Energizers

Field Initiatives – Name game, Turnstile, Monarch, Upchuck,

Spotting Exercises

10:00 am: Tea Break

10:15 am: Problem solving

Pot of Gold, Traffic Jam,

Water Transfer

11:30 am: Low Ropes/Team Work -

Spiders web, Nitro crossing, The cube

12:45 pm: Lunch

1:20 pm: Low ropes challenge cont.

Mara Walk, Trust fall

2:00 pm: Intro to high rope

2:15 pm: High ropes challenge

Board Walk, Zipline,

Screamer

4:00 pm: Tea and Wrap up

4:30 pm: Departure

TWO DAY PROGRAMME: Sample Itinerary

DAY 1:

12:00 pm: Arrive and intro - Grounds tour and

accommodation(tent groups)

1:00 pm: Lunch

1:30 pm: Course briefing and goals

2:00 pm: Ice breakers and field initiatives

Name game, Foxes and hounds, steal the bacon, Pass the Loop,

Circle of co-operation

3:00 pm: Problem solving and team work

Human Knot, Mine field,

Blind trust walk, Atom Transfer

4:00 pm: Tea break

4:15 pm: Nature walk along the River

5:30pm: Down time, showers

6:30pm: Dinner

7:30 pm: Night activity

DAY 2:

7:30 am: Breakfast

8:00 am: Stretches then field initiatives

Mingle Mingle, John With the ball

9:00 am: Low ropes challenge

Mara Walk, The Cube

10:00 am: Tea break

10:20 am: Low ropes challenge continued

Trust fall, Hippo Watch

12:00 pm: Intro to high ropes challenge

1:00 pm: Lunch

1:20pm: High ropes challenge

Board walk/Zipline, Colobus leap, Flying Hyrax

4:00pm Debrief and course wrap up

THREE DAY PROGRAMME: Sample Itinerary

For this programme, participants spend 2 nights at Batian's View.

Similar structure to the two day programme. Debriefing of activities is more intensive and participants have more time to reflect on the activities and share their thoughts and feelings with other members of the group. Participants get the opportunity to attempt all elements of our high ropes challenge in addition to the low ropes and team building activities.

MT. KENYA CLIMB: Sample Itinerary

Minimum amount of time required is 4days/3nights. A 5days/4nights is a much better option. We use the Naro Moru route unless a different route is specifically requested by the client. The sample itinerary is as follows:

DAY 1: Drop off at Park gate.

Hike to Met station (10,000ft) 3 hrs

DAY 2: Hike to Mackindres Camp (14,000ft) 7hrs

DAY 3: Dawn ascent of Lenana (16,355ft) then descend to Met station.

DAY 4: Hike to Park gate for pick up

Actual itineraries my differ from the samples above. Custom programmes are also available.